

# DEVELOPING INDIGENOUS RESOURCES - INDIA

Summary of Activities

JANUARY 2014

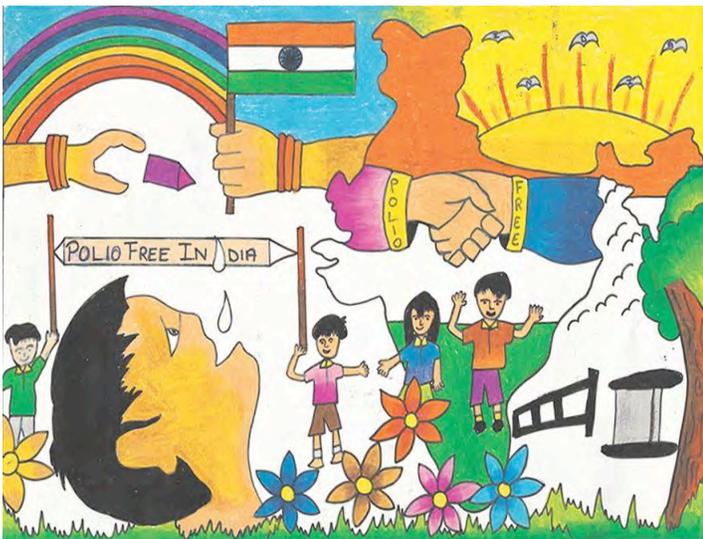
## THOUGHT FOR THE MONTH:

### CONTENTS

1. CEO's MESSAGE
2. HEALTH
3. MOTHERS' HEALTH
4. IMMUNIZATION PROGRAMME
5. D.O.T.S.
6. INCOME GENERATION
7. EDUCATION
8. PERSONNEL ACTIVITY

## 2. HEALTH

Dr. Tavleen Kaur



With a densely-concentrated population of more than one billion people, India was once considered the most challenging place on earth to end polio. Wild poliovirus has not been found in India since 13 January 2011 meaning that, from that date, India is no longer a country where polio is endemic. Three years of being polio free is a notable milestone for the country as a whole.

Historically, India has been the largest endemic reservoir of polio in the world with between 50 000 to 100 000 paralytic polio cases occurring each year between 1978 and 1995. It has also been one of the main sources of polio importation for other countries. This achievement has been driven by the partnership between the Government of India, international organizations, local NGOs and other institutions. An extraordinary mobilization of health workers was necessary to reach this point, particularly in the Uttar Pradesh and Bihar states. The outcome of this has been an improved vaccine delivery system, better trained health staff and high quality surveillance, monitoring and research mechanisms. But this does not mean that the virus cannot reemerge within any of the countries or the Region.

Dr. Nivedita, Ophthalmologist from Bharat Vikas Parishad came to visit DIR and delivered a lecture on eye health to the health promoters. In the monthly test, Meena scored the highest marks.

### 3. MOTHERS' HEALTH

**Ms. Meena Kumari - Senior Health Promoter**

#### Pregnancies

On the 1<sup>st</sup> of January, there were 116 pregnant women in Janta colony and Adarsh Nagar. Of these, eighteen women delivered their babies during the month. Four pregnant women shifted their residence permanently from the colony, and co-incidentally, eighteen new pregnancies were reported during the month. Out of eighteen women who delivered, all had appropriate postnatal examinations within two days of delivery.

#### Deliveries

Out of eighteen women who delivered this month, fourteen delivered in the Government Hospital, Sector-16, one delivered in Sector 32, one delivered at a private hospital in Sector 22, one delivered at Ramdarbar and one delivered at home. Of the newborns, 4 are baby girls and 14 are baby boys. Seventeen deliveries were assisted by qualified professionals, one assisted by local midwife.

### 4. IMMUNIZATION PROGRAMME

**Mrs. Veena Rani – Senior Health Promoter**

In the month of January, DIR-I collaborated with the government-run immunization programme on the 1<sup>st</sup>, 8<sup>th</sup>, 15<sup>th</sup> and 22<sup>nd</sup>. A total of 207 shots were administered to children, details of which are as follows:

(a) Measles – 5 (b) Measles Booster -7 (c) BCG -1 (d) DT -13 (e) DPT Booster - 7

SHOTS	1 <sup>st</sup> Dose	2 <sup>nd</sup> Dose	3 <sup>rd</sup> Dose
Hepatitis B	22	11	11
DPT	22	11	5
TT	8	9	-

In addition to these, **eight** children of age ten were given tetanus shots. Besides these, a total of 12 children were administered a supplemental dose of vitamin A.

### 5. D.O.T.S.

**Mrs. Meenakshi- Health Promoter**

Last month, **Twenty Three** tuberculosis patients were being served medicines at our basti office through the government DOTS program run by DIR. Our basti office is an authorized DOTS centre, and patients from the vicinity get their supply of medicine from our office on a regular basis. During this month, **one** patient completed the treatment and was declared free from this disease. **Three** new patients have been diagnosed having Tuberculosis this month, and have started medication from our centre.

Following is the distribution of these patients in different categories and what each means:

Category I – All those new patients whose pulmonary smear is positive for Tuberculosis Bacilli or those whose pulmonary smear is negative but are seriously ill, or those who have extra pulmonary Tuberculosis but are seriously ill are included in Category I. This month, we have **seventeen** patients in this category.

Category II – Those old Tuberculosis patients who had either defaulted from the treatment at an earlier stage and have re-started the treatment or those who have again contracted the disease after being cured once those who had not been cured even after completing a full prescribed course are included in Category II. This month we have **eight** patients in this category.

## **6. INCOME GENERATION**

**Ms. Meena, Mrs Maya - Senior Health Promoters**

### **CLOTH BAGS**

Under the program of skills training, a total of fifteen women from the bustee are learning to sew in our Tailoring Class. Aside from these stitching classes being held in DIR bustee office, DIR also gives paid assignments to six bustee women in the form of different bags such as wine bags, I Pad bags, Sling bags, Craft bags and water bottle bags. This month 20 champagne bags, 4 baguette bags, 2 water bag, 3 I-pad bags and 2 side bags were made

We are grateful to all fabric shopkeepers who are donating remnants and patterns of fabrics, and we send thanks to all these people who buy our products. The income means a lot to the women in the slum, and the profit goes 100% to fund our Medical activities.

### **PAPER BAG S**

“Stop using plastic bags, use paper bags to save our environment”. We would like everyone to read and follow that advice. We have different sizes of paper bags (which we make out of re-cycled newspapers) to sell to every customer. If some generous local people want to donate old news paper we would be grateful. And we would be happy to provide jobs for more women if we could get more customers for our products.

We are thankful to “My Earth Store” in Panchkula for placing an order for 250 large size and 260 small size paper bags.

Contact us if you live locally and want to donate newspapers or wish to buy the fine recycled bags our women make. Find us at House 105, Sector 10-A, Chandigarh. If planning to visit, please 4660419 first to ensure someone is in.

## **7. EDUCATION**

**Dr. Tavleen Kaur**

After winter vacations, DIR School reopened on 2<sup>nd</sup> January 2014. On 13<sup>th</sup> January Lohri was celebrated. Mr Wadhera, Mr Surjeet Singh, Dr.Nivedita and Canadian intern were the esteemed guests who attended the function. Dr. Nivedita had brought food for all the children in school and anganwadi which everybody enjoyed. Apart from this Republic day was celebrated on 25<sup>th</sup> January as there was a holiday on 26<sup>th</sup> January. Registrations for the new session started and will continue till March.



## **8. PERSONEL ACTIVITY**

**Dr. Tavleen Kaur**

### **VISITORS:**

1. Mr. and Mrs. Ajit
2. Mr. Gursimran Sethi
3. Dr. Nivedita, Ophthalmologist
4. Mr. Surjit Singh
5. Mr Wadhera

**Absences:**

Dhruva, one of the Health Promoters had resigned on 15th January'14.

Name	Paid Leave		Unpaid Leave	
	# Days	Dates	# Days	Dates
Mrs. Natasha				Whole month
Ms. Tavleen			2	30 <sup>th</sup> , 31 <sup>st</sup> full day
Mrs. Banita (HP)	2.5	13 <sup>th</sup> half day and 2 <sup>nd</sup> full day.		
Mrs. Maya (SHP)	1	2 <sup>nd</sup> full day.	3	8 <sup>th</sup> , 9 <sup>th</sup> half day and 3 <sup>rd</sup> , 6 <sup>th</sup> full day
Mrs. Meenakshi (HP)	0.5	29 <sup>th</sup> half day		
Ms. Sarita (HP)	1	21 <sup>st</sup> full day		
Mrs. Sushma (HP)	0.5	27 <sup>th</sup> half day		
Mrs Sunita Mukhiya (HP)	1.5	8 <sup>th</sup> , 22 <sup>nd</sup> , 29 <sup>th</sup> half day.		
Ms. Suman (HP)	1	6 <sup>th</sup> full day	2.5	9 <sup>th</sup> half day and 7 <sup>th</sup> , 8 <sup>th</sup> full day
Mrs. Urmila (HP)	2hours	3 <sup>rd</sup> for 2 hrs		
Mrs. Meenakshi Chauhan	0.5	20 <sup>th</sup> half day		
Mrs. Sona (Stitching Teacher)			1	10 <sup>th</sup> . full day
Mr. Ravi Kumar (Driver)			1	14 <sup>th</sup> Full day